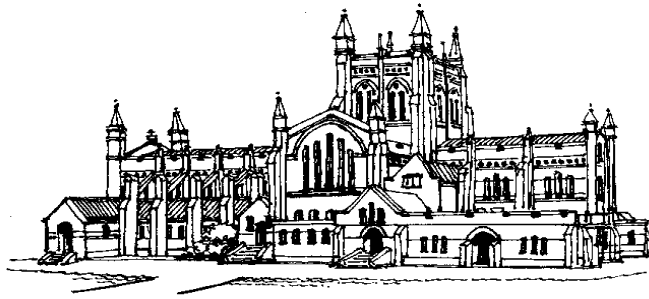


Christ Church Cathedral, Newcastle



The season of Lent

Brothers and sisters in Christ: since early days Christians have observed with great devotion the time of our Lord's passion and resurrection. It became the custom of the Church to prepare for this by a season of penitence and fasting.

At first this season was observed by those who were preparing for baptism at Easter and by those who were to be restored to the Church's fellowship from which they had been separated by sin. In course of time the Church came to recognize that, by a careful keeping of these days, all Christians might take to heart the call to repentance and the assurance of forgiveness proclaimed in the gospel, and so grow in faith and in devotion to our Lord.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting and self-denial; and by reading and meditating on God's holy word.

This year's cathedral Lent programme has been put together to help us all to make the best use of this special time of preparation for Easter. It includes:

- weekday celebrations of the Eucharist and Choral evensong on Sunday evening
- three study groups based on '*Lent for everyone: Matthew*'
- preparation for Adult Baptism, Confirmation and Reception
- suggestions for Lenten reading and an invitation to join the quiet morning programme.

I encourage you to make the most of these opportunities to deepen your experience of the Lenten season.

Fr James Rigney

Dean



ABM Mission, Lent Appeal

During Lent we will be supporting again the ABM Lenten appeal and the Good Friday collections will be donated to the work of ABM in Jerusalem. Please pray for the work of ABM and collect a project booklet to see whether you would like to target your donation to a particular project. The ABM project booklets are on the trolley at the rear of the Nave. Weekly envelopes for the ABM Lent appeal will be distributed in the pew sheets each week. We will publish the amount given in the ABM envelopes each week. ABM has produced a DVD containing a series of inspiring documentary stories. If you would like to borrow this DVD to watch, please ask the Dean.

Spiritual Preparation

Please use Lent as a time of spiritual discipline and preparation. You are encouraged to attend the daily office and one of the daily Eucharists, to follow the ancient disciplines of fasting and self-denial and to give time to spiritual reading. Alongside the books on offer in the cathedral bookshop, you are encouraged to devote time to exploring the bible: our Lenten theme makes reading the Gospel of Matthew a particularly valuable resource.

Lenten Reading available from the Book Shop

Be Thou my Breastplate: Forty days of giving your life to God, the Celtic way by Paul Wallis (\$27.00). This is a collection of 40 reflections on *The Breastplate of St Fursa*, an ancient Celtic Christian prayer.

40 Days: the Daily Office for Lent compiled by Frank L Tedeschi (\$28.00)
This book provides a structure for Morning Prayer, Noon-Day Prayer, Evening Prayer and Compline together with readings and collects.

A Prayer for Unity

The Cathedral Prayer Group invites you to use this prayer as a central motif for your daily Lenten devotions, calling the cathedral community to pray for unity and Christian commitment to our mission.

Pour out upon us, O God, the power and wisdom of your Spirit,
so that we, who have been baptised into Christ, and made your children
through faith, may know your Son's power to heal,
and, being made one in him,
may overcome all barriers that divide us;
through our Lord Jesus Christ,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever. **Amen.**

Lenten services at Christ Church Cathedral

Regular Sunday Services in Lent

7.00am Eucharist (1662)

8.00am Eucharist

9.30am Choral Eucharist

6.00pm Choral Evensong

At 11.30am on the third Sunday of the month, Family Eucharist with baptism. This service is supported by the St Nicholas Choir and is a major outreach to families. All are welcome. Please come along and join in, and make everyone feel welcome in the cathedral.

Weekday Services in Lent

Monday–Thursday

7.00am Morning Prayer

7.30am Eucharist

5.30pm Evening Prayer (except Tuesday)

On Tuesdays, there is an additional Eucharist at 10.30am, and at 5.30pm, there is a Eucharist in place of evening prayer.

Friday

7.00am Morning Prayer

7.30am Eucharist

5.00pm Evening Prayer

Saturday

7.30am Morning Prayer

8.00am Eucharist

Palm Sunday, 17 April

7.00am Eucharist (1662)

8.00am Eucharist with blessing of palms

9.30am Choral Eucharist with procession, blessing of palms and baptism

Celebrant and preacher: The Dean

Setting: *Missa Brevis*, Matthias

11.30am Family Eucharist with baptisms

Celebrant and preacher: The Dean

6.00pm Anzac Commemoration service

Officiant: The Dean

Preacher: Fr Mark Watson, Canon Pastor

2011 Cathedral Quiet Mornings

Quiet mornings at the cathedral provide a time for contemplation, prayer, exploration of the bible and are a time away from the pressures of everyday life. Each one explores a theme, which is developed through short talks given by the quiet morning leader. You are always welcome to join us. The mornings start at 10am and finish after the eucharist (at approximately 1pm).

Saturday 26 March 2011
Being Healed for Service

Saturday 28 May 2011
God with us: the presence of the resurrected Lord

Saturday 25 June 2011
Newcastle Spirituality: A Quiet Morning at Morpeth
A special day away 'quiet event', starting at the cathedral and moving to Morpeth. Transport will be arranged. Prior booking is essential, numbers limited. We will return to the cathedral at approximately 4pm.

Saturday 23 July 2011
Progress in Divine Love 1, Remembering Love

Saturday 27 August 2011
Daniel Berrigan: the Spirituality of Peace and Resistance

Saturday 24 September 2011
Progress in Divine Love 2, Receiving Love

Saturday 29 October 2011
Praying with Imagination

Saturday 26 November 2011
An Advent Quiet Morning: A Time of Gifts

This year, the Cathedral quiet morning programme enters its third year of existence. Quiet mornings will be held monthly except in April and December, due to Holy Week, Easter and Christmas services.

All bookings should be made with the Dean, Father James, email dean@newcastlecathedral.org.au, (4929 2052) PO Box 221 Newcastle NSW 2300.