



# Christ Church Cathedral and St Peter's Hamilton

52 Church Street, Newcastle  
148 Denison Street, Hamilton



*Welcome to worship today, especially all who are visiting*  
*Weekly News Sunday 19 February*  
*Transfiguration*



Caption: Photo credit: Lawrence OP. Detail from the painted ceiling in the Dominican church of Our Lady of the Holy Rosary in Portland, Oregon. The two saints flanking the scene are the lay Dominicans, Bl Bartolo Longo and Bl Pier Giorgio Frassati.

## Today's services

### 8.00am: Eucharist

Preacher: The Very Reverend Katherine Bowyer

Presider: The Very Reverend Katherine

### 10.00am: Choral Eucharist

Presider: The Very Reverend Katherine Bowyer

Preacher: The Very Reverend Katherine Bowyer

### 6.00pm: Choral Evensong

Presider: The Very Reverend Katherine Bowyer

Preacher: The Reverend Nicole Baldwin

**You Tube:** <https://www.youtube.com/channel/UCXyas2uhJUNOnDetOpPdUOg>

**Facebook:** <https://www.facebook.com/christchurchcathedralnewcastle/>

## Dear Parish Family

Actual conversation in the Office today: “How is it March soon?” 😊

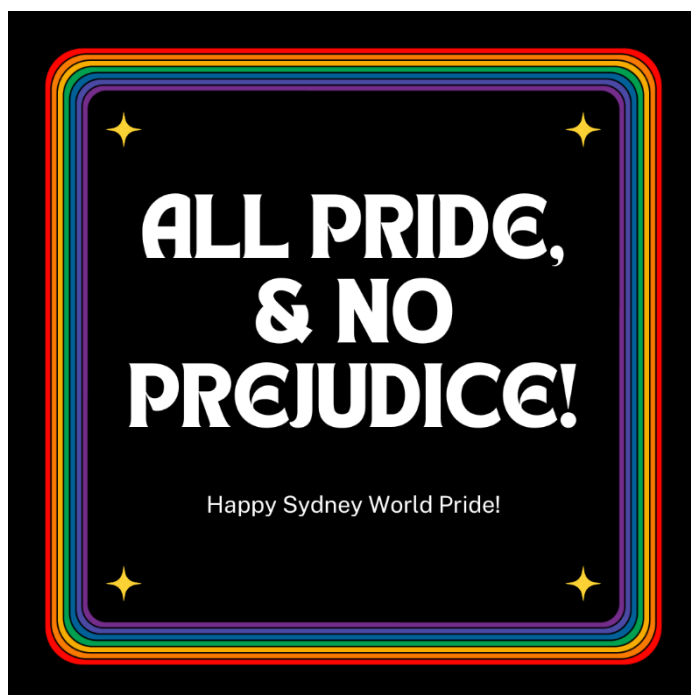
I suspect that we aren’t the only ones having this feeling at the moment! The level of activity in and around the parish confirms that the year is well underway. This week we have Pancakes, Ash Wednesday, and then our Lenten Concert Series and Lenten Evensong Preaching Series start on Sunday Week.

**ANNIVERSARY!** This week we also celebrate a very special anniversary – Fr Selwyn Dornan celebrates 30 years of ordination on Tuesday 21<sup>st</sup> February. Fr Selwyn shares his ministry generously at the Cathedral and St Peter’s Hamilton. I am thankful for Fr Selwyn’s friendship, prayers, and collegiality, and his ministry in recent years at St Peter’s Hamilton.

There’s lots in the pewslip this week, about Ash Wednesday, Lenten resources, and the Lenten concert series, and the AGM. Please note the **CHANGED** time for the service Ash Wednesday evening at the Cathedral.

**PRAYERS:** Please pray for the peoples of the Republic of Türkiye and Syria following the devastating earthquakes. You can find prayers and ways to contribute to emergency Appeals in the pewslip.

Sydney World Pride begins this weekend. I am thankful that as a Parish Community we are committed to the ongoing work of being a safe, welcoming, inclusive, and affirming place for all. Thank you also for your ongoing prayers for our LGBTQIA+ community, at this time when their validity and identity is challenged and questioned.



### WHAT’S HAPPENING...

**CATHEDRAL CLOSURE:** *We are having important maintenance work at the Cathedral on Monday and Tuesday this week. Please be aware that there will be rolling closures across these days, restricting access to parts of the Cathedral. On Tuesday, the cathedral will be closed from 9.00am-12.30pm.*

**ORGAN SCHOLAR:** As I said last week, I am **VERY** excited that we are able to advertise for an Organ Scholar to join our Music Department. Information is in the pewslip and on the Cathedral website, and there are some information and application packets available at the Cathedral. Please share this, and the Masterclass opportunity, widely! Please speak with David Banney if you would like more information, or to David Atherton if you would like to support this position financially.



**PANCAKES: It's this week! Do you have your tickets yet?** Thanks to Suzanne and the team for this initiative. Information in the pewslip, tickets available at all services.

**mainly music is back!** It was so exciting to welcome our families on Thursday – both returning and new. Please speak with Veronica Butcher if you would like to volunteer or financially support of Family Ministries.

**ANNUAL GENERAL MEETING:** The Annual General Meeting for the Cathedral Parish will be held on Sunday 5<sup>th</sup> March at 9.00am in Christ Church Cathedral. Nomination forms are available today. Please forward reports to the Parish Office. Nominations, and questions, are to be submitted to the Parish Office by close of business Wednesday 1<sup>st</sup> March 2023.

**FLOWERS IN THE CATHEDRAL:** Thank you for your ongoing generosity. If you would like to contribute for Easter and beyond, please contact Suzanne Evans. Suzanne's contact details are in the pewslip.

**LIVESTREAM:** The easiest way to connect to the livestream is through the cathedral YouTube channel: <https://www.youtube.com/channel/UCXyas2uhJUNOnDetOpPdUOg>

**MASKS:** We continue to encourage you to please strongly consider wearing a mask in places, including church, where you feel you are not able to adequately maintain physical distancing.

**ATTENDING WORSHIP:** Please continue to be mindful of COVIDSafe practices as we gather, and to be mindful of our own health and vulnerabilities as well as those in our community.

***The sacrament is administered in both kinds. You are welcome to receive in one or both kinds. We ask that you do not intinct (dip) the host.***

Finally, this week's poem is a lengthy poem (in contrast to last week's very short poem), by one of my favourite poets, Edwin Muir. Traditionally, on the Sunday before Lent, we hear the Gospel of the Transfiguration. Muir's poem, told from the point of view of Peter and James and John, sees a world transfigured, not only Christ. In the second section, we realise that this is a post-resurrection reflection, casting forward to the coming of Christ once more. It is, as I said, a longer poem than I would normally choose. However, as we enter Lent this week, it gives us space to pause and reflect and wonder too.

## **The Transfiguration**

So from the ground we felt that virtue branch  
Through all our veins till we were whole, our wrists  
As fresh and pure as water from a well,  
Our hands made new to handle holy things,  
The source of all our seeing rinsed and cleansed  
Till earth and light and water entering there  
Gave back to us the clear unfallen world.

We would have thrown our clothes away for lightness,  
But that even they, though sour and travel stained,  
Seemed, like our flesh, made of immortal substance,  
And the soiled flax and wool lay light upon us  
Like friendly wonders, flower and flock entwined  
As in a morning field. Was it a vision?  
Or did we see that day the unseeable  
One glory of the everlasting world  
Perpetually at work, though never seen  
Since Eden locked the gate that's everywhere  
And nowhere? Was the change in us alone,  
And the enormous earth still left forlorn,  
An exile or a prisoner? Yet the world  
We saw that day made this unreal, for all  
Was in its place. The painted animals  
Assembled there in gentle congregations,  
Or sought apart their leafy oratories,  
Or walked in peace, the wild and tame together,  
As if, also for them, the day had come.  
The shepherds' hovels shone, for underneath  
The soot we saw the stone clean at the heart  
As on the starting-day. The refuse heaps  
Were grained with that fine dust that made the world;  
For he had said, 'To the pure all things are pure.'  
And when we went into the town, he with us,  
The lurkers under doorways, murderers,  
With rags tied round their feet for silence, came  
Out of themselves to us and were with us,  
And those who hide within the labyrinth  
Of their own loneliness and greatness came,  
And those entangled in their own devices,  
The silent and the garrulous liars, all  
Stepped out of their dungeons and were free.  
Reality or vision, this we have seen.  
If it had lasted but another moment  
It might have held for ever! But the world  
Rolled back into its place, and we are here,  
And all that radiant kingdom lies forlorn,  
As if it had never stirred; no human voice  
Is heard among its meadows, but it speaks  
To itself alone, alone it flowers and shines  
And blossoms for itself while time runs on.

But he will come again, it's said, though not  
Unwanted and unsummoned; for all things,  
Beasts of the field, and woods, and rocks, and seas,  
And all mankind from end to end of the earth  
Will call him with one voice. In our own time,  
Some say, or at a time when time is ripe.  
Then he will come, Christ the uncrucified,  
Christ the discrucified, his death undone,  
His agony unmade, his cross dismantled—  
Glad to be so—and the tormented wood  
Will cure its hurt and grow into a tree  
In a green springing corner of young Eden,  
And Judas damned take his long journey backward  
From darkness into light and be a child  
Beside his mother's knee, and the betrayal  
Be quite undone and never more be done.

Edwin Muir 1887-1959

**With my thanks and prayers,**

**Dean Katherine**

*Ps: Please share this email with others who would like to hear news of the parish.*

*To receive our weekly mailings, please contact the Cathedral Office*

*[cathedral@newcastlecathedral.org.au](mailto:cathedral@newcastlecathedral.org.au) to be placed on the email or mail out list.*

It's not too late to register for the Newcastle Anglican Women's Silent Lenten Retreat in the picturesque Rathmines, in Lake Macquarie in NSW. The Retreat commences on the evening of Friday 3 March and concludes early afternoon on Sunday 5th March. This year's retreat leader is Reverend Angela Peverell tssf, Anglican Priest in Muswellbrook NSW. Registration Forms available at: <https://www.anglicanwomennewcastle.au/2023-lent-retreat/>

**SILENT LENTEN RETREAT**  
Friday 3 - Sunday 5 March 2022  
Catalina Conference Centre, Rathmines  
\$350.00 per person



ALL WOMEN OF THE ANGLICAN CHURCH

*"One Day at a Time, Lord Jesus" Matthew 6:34*

Retreat Leader:  
The Reverend Angela Peverell tssf  
Anglican Parish of Muswellbrook  
[www.newcastleanglicanwomen.org](http://www.newcastleanglicanwomen.org)



# Music this Sunday

## **8AM – Eucharist**

Organist – Keith Murree-Allen

Hymns

- 125 The God of Abraham praise
- 243 Christ upon the mountain peak
- 516 Here, gracious Lord
- 411 Filled with the spirit's power

## **10AM – Eucharist**

Organist – Keith Murree-Allen

Christ Church Camerata

Introit – Introit for Transfiguration (Banney)

Setting – St Nicholas Mass (Banney)

Psalm - 119:33-40 (Noble)

Anthem – O Jesu Christ, meins Lebens Licht (JS Bach) (strings and choir – no organ)

Hymns

- 125 The God of Abraham praise
- 243 Christ upon the mountain peak (Tune - Banney)
- 516 Here, gracious Lord
- 411 Filled with the spirit's power

## **6PM – Evensong**

Organist – Keith Murree-Allen

Preces and Responses – Ferial

Canticles – Evening service in b minor (Noble)

Anthem – Esti dal (Kodály)

Psalm - 5 (Woodward)

Hymns

- 253 O Lord Jesus, Markapmirr
- 212 Christ, whose glory fills the skies
- 234 How good Lord, to be here

## Music notes

The Feast of the Transfiguration commemorates one of the most extraordinary events in the New Testament. As Jesus appeared to his disciples 'dazzling white', 'whiter than white', accompanied by two towering Old Testament figures, our music takes up themes of light, and our hymns draw links between the Old and New Testaments. Bach's glorious motet 'O Jesu Christ, meins Lebens Licht' (O Jesus, light of my life) is a slow motion vision of light, with musical lines slowly unfolding and revealing ever more brilliance. There is a connection between morning and evening: the composer of the morning Psalm chant is the composer of the Evening canticles - T. Tertius Noble - one of the great organists and composers of the first half of the twentieth century, with a career that took him from Ely Cathedral and York Minster to St Thomas Church in New York. His Canticles (Magnificat and Nunc dimittis) are among the most popular in the repertoire, and chosen today partly because of his setting of the line 'to be a light to lighten the Gentiles'. Noble employs a swell - in each phrase the music swells louder and then recedes, and this has always reminded me of the light from a lighthouse, emerging from dark to light and back again as it revolves. Our Evensong anthem is the most popular choral work of the Hungarian composer Zoltan Kodaly - a setting of a folk song that calls for God to watch over us during the darkness of the night:

May God grant me a good night,  
May He send me His holy angel:  
May He encourage the dreams in our hearts;  
May God grant us a good night!

## Hymns

Continuing our series about church music in general, this week we ask the question why sing hymns? Hymns are the poetry of the church, and have a history that reaches back into pre-Christian times. The word 'hymn' was used for religious songs of praise or lament in the ancient Greek world, and we are told that a hymn was sung at the Last Supper. Over the centuries hymns have been an integral part of Christian life and worship, serving a number of important purposes. Notwithstanding the variable quality of hymns, the best of them are an inspirational part of worship through their sheer beauty. Beyond this, hymns have been a very effective way of encapsulating scripture and teaching doctrine and theology - the rhythm and rhyme of the texts, especially when combined with music, make them much easier to remember than prose. This was and still is especially important in times and places where literacy is poor: hymns, like stained glass windows and Christian art, are a valuable vehicle for teaching and learning.



Alongside all of this, hymns offer the chance for a congregation to sing together - an act of synchrony that is inspiring and educational in itself. Dare I say it, this is also a rare thing - a congregation united, albeit briefly, in one purpose. At least, that is, until someone complains that the hymns aren't to their liking and decides not to participate...

We see the whole gamut of hymn styles and purposes in today's selections. In the morning services the opening hymn reminds us that the gospel emerges from the story of Israel - our Christian history extends to eternity in both directions - a message that is never seen more clearly than in the story of the Transfiguration.

The gospel hymn - 'Christ upon the mountain peak' - captures the Transfiguration story itself, and reminds us in the last verse that we are called to join with all the saints and prophets in adoration. The communion hymn brings thoughts of the Transfiguration to the act of communion - 'Here, gracious Lord, we see you face to face', while the post-communion hymn, actually a versified adaptation of the Magnificat, captures the ecstasy of the Transfiguration and sends us out to live spirit-filled lives.

I have observed an interesting thing over many years. Congregants in various churches multi-task when they get to the end of a hymn - as they reach the last line they can be seen looking at the hymn board to find out what the next hymn will be and thumbing through the hymn book to find it. My preference would be to stay in the moment with the hymn we are singing - ponder the words, even after the hymn is over, and the next hymn will come soon enough.

As we worship today and in the weeks ahead I leave you with John Wesley's instructions for singing hymns: 'Sing lustily and with a good courage. Beware of singing as if you were half dead, or half asleep; but lift up your voice with strength.'



# Lenten Evensong

## Preaching Series

February 26: Tell & Teach  
March 5: Tend  
March 19: Treasure  
March 26: Transform

[www.newcastlecathedral.org.au](http://www.newcastlecathedral.org.au)  
(02) 4929 2052

**SUNDAYS 6.00PM**





# ASH WEDNESDAY

22nd February 2023

**Christ Church Cathedral Newcastle**

8.30am Eucharist and  
Imposition of Ashes

6.00pm Eucharist and  
Imposition of Ashes

**St Peter's Hamilton**

11.00am Eucharist and  
Imposition of Ashes

[www.newcastlecathedral.org.au](http://www.newcastlecathedral.org.au)  
(02) 4929 2052

*Today's flowers in the Cathedral are in loving memory of*

**RAY PATRICK**

*kindly donated by his family*





# LENTEN CONCERTS

Sunday Concerts in Lent at  
Christ Church Cathedral, Newcastle

featuring Artist-in-Residence Gavin Clark (cello)  
Anthea Scott-Mitchell (cello)  
David Banney (conductor)  
Christ Church Camerata  
Cathedral Strings

**12pm, Sunday, Feb 26**

## Gavin Clark plays Bach

JS BACH Suites for solo cello in C major and G major

Tickets \$15 (Adults), \$10 (Concession), \$40 (Family)  
Purchase online ([click here](#)) or at the box office

**12pm, Sunday, March 5**

## Benedictus

A concert of music for reflection and meditation

Members of the Christ Church Camerata

Arvo PÄRT Spiegel im Spiegel

David BANNEY Ten Meditations for Lent and Easter – In Memoriam – Meditation

Ludovico EINAUDI I Giorni

Tickets \$15 (Adults), \$10 (Concession), \$40 (Family)  
Purchase online ([click here](#)) or at the box office

**12pm, Sunday, March 19**

## Cathedral Strings in Concert

GF HÄNDEL Concerto Grosso in A

G HOLST Brook Green Suite

Tickets \$15 (Adults), \$10 (Concession), \$40 (Family)  
Purchase online ([click here](#)) or at the box office

**2.30pm, Sunday, March 26**

## CELLO

Gavin Clark, Anthea Scott-Mitchell (cello)

Christ Church Camerata

(Concert #1 of Christ Church Camerata

Subscription Series)

VIVALDI Cello Concerto in F

BRUCH Kol Nidrei

COLERIDGE-TAYLOR Novelletten

WIREN Serenade

Tickets 40 (Adults), \$30 (Concession)  
\$90 (Family), \$10 (School Students)

Tickets available online ([click here](#)) or at the door

More information [click here](#)

NB – Save \$\$ by subscribing

**12pm, Sunday, April 2**

## Bach and More

Gavin Clark (cello)

JS BACH Suite for solo cello in d minor

David BANNEY Suite a la Bach for solo cello in F

Tickets \$15 (Adults), \$10 (Concession), \$40 (Family)  
Purchase online ([click here](#)) or at the box office



CHRIST CHURCH CATHEDRAL NEWCASTLE  
presents

# ORGAN WORKSHOP with DAVID DRURY

2–5pm, Saturday, March 25  
Christ Church Cathedral  
Church St, Newcastle



Registrations close March 21, but apply now, as numbers are limited. Cost – \$25 (Participants) \$15 (Audience)

Christ Church Cathedral presents a unique opportunity to play the magnificent Christ Church organ, under the guidance of internationally-acclaimed organist, David Drury. Organist-in-Residence at Christ Church Cathedral, David has performed on many of the world's great organs, and makes regular appearance with ensembles such as the Sydney Symphony Orchestra and the Sydney Philharmonia Choir. David's skills as a church organist inspire all who hear him.

This hands-on workshop will focus on skills of immense value to all church organists:

- Hymn playing
- Choosing registrations
- Improvisation

The workshop is open to anyone: no audition is required, but booking is essential.

**REGISTRATION  
& TICKETS**  
**[CLICK HERE](#)**

[www.newcastlecathedral.org.au](http://www.newcastlecathedral.org.au)





# CELLO

2.30pm, Sunday, Mar 26  
Christ Church Cathedral

Anthea Scott-Mitchell, Gavin Clark (cello)  
David Banney (conductor)

VIVALDI Cello Concerto in F

BRUCH Kol Nidrei

COLERIDGE-TAYLOR Noveletten

BANNEY Rumble (World Premiere)

WIREN Serenade

CHRISTCHURCH CAMERATA  
NEWCASTLE



Tickets (Online or at the Box Office)

\$40 (Adult), \$30 (Concession)

\$90 (Family), \$10 (School Student)

[www.cccamerata.com.au](http://www.cccamerata.com.au)



## Gavin Clark plays Bach

12pm, Sunday, Feb 26

Christ Church Cathedral, Newcastle

### Suites for Solo Cello in C and G

Tickets \$15 (Adults), \$10 (Concession), \$40 (Family)

Purchase online or at the box office



[www.newcastlecathedral.org.au](http://www.newcastlecathedral.org.au)



Click on this QR Code to listen to Gavin play at the Cathedral



# LENTEN RESOURCES

A Study for Lent 2023

## PRAY

Anglican Diocese of Newcastle



Catherine Banney has produced an excellent personal Lenten resource, *PRAY*, which includes readings, music, and space for reflection and action. Copies available at church, and through the office. Please contact the office for an electronic version.



Written by ABM Education Missioner, Stephen Daughtry, with art by Vanessa Daughtry, taking us into the lives of seven of the people Jesus brought to wholeness. Order through ABM:  
<https://www.abmission.org/resources/the-imaginary-doorway/>



This Lent, join Common Grace to journey together reflecting and praying the prayer Jesus taught us to pray: *The Lord's Prayer*. Sign up at [https://www.commongrace.org.au/the\\_lords\\_prayer\\_2023](https://www.commongrace.org.au/the_lords_prayer_2023) for a weekly email resource.



# **CHRIST CHURCH CATHEDRAL**

NEWCASTLE

SEEKS TO APPOINT AN  
**ORGAN SCHOLAR**



**APPLICATIONS CLOSE: MARCH 31**

[www.newcastlecathedral.org.au](http://www.newcastlecathedral.org.au)



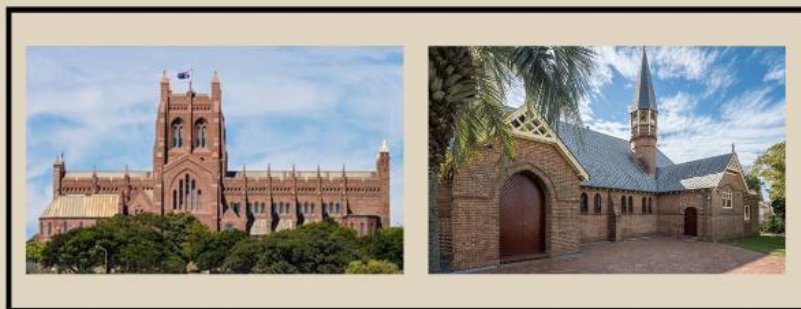




## WELCOME FR GARY AND KAREN ATHERTON

Last Sunday, it was announced that Fr Gary Atherton will be joining the Cathedral Staff Team 2.5 days per week from Sunday 19<sup>th</sup> March 2023. Fr Gary's most recent parish was the parish of Cardiff, but before then he has served in Wangaratta, Brisbane, and Grafton Dioceses, after beginning his ministry in the Diocese of Newcastle. Fr Gary and Karen are no strangers to the Cathedral community, as we welcomed Fr Gary to celebrate David and Katarina's marriage, and to baptise his granddaughter, Chelsea. Please hold Fr Gary and Karen in your prayers as they prepare to join us.

## ANNUAL GENERAL MEETING



THE ANNUAL GENERAL MEETING OF THE  
CATHEDRAL PARISH WILL BE ON  
SUNDAY 5TH MARCH 2023 AT 9.00AM  
IN CHRIST CHURCH CATHEDRAL NEWCASTLE

## A LITANY CONCERNING THE TURKISH-SYRIAN EARTHQUAKE

<https://www.abmission.org/appeals/emergency-appeals/turkiye-syria/>

For all who lie trapped under rubble and debris:

**Deliver them from the jaws of death, O Christ.**

For the injured and maimed, and all who are in dire need of emergency medical service:

**Heal them by your mighty power, O Christ.**

For all who have died:

**Receive them into the joys of everlasting paradise, O Christ.**

For rescue workers frantically searching for survivors and for the dead, putting their own lives at risk:

**Give calm and determination, O Christ.**

For all who do not know if their family members or friends have survived:

**Bring hope, O Christ.**

For all who have lost their homes and who have become displaced:

**Grant shelter and refuge, O Christ.**

For communities who will endure illness, lack of food and water, and poor sanitary conditions because of the earthquake:

**Confer strength and resilience, O Christ.**

For relief workers from inside Turkey and Syria, and for those who come from abroad:

**Grant the determination and ability to offer assistance that truly meets people's needs.**

For the peoples of Turkey and Syria:

**Bestow your comfort, healing and restoration, O Christ.**



GOPA-DERD staff looking at the damage from the 7.8 magnitude earthquake that hit Syria and Turkey on Feb 6, 2023. GOPA-DERD is providing food, blankets, and medical supplies to impacted households. © GOPA-DERD

# Appeal for Victims of Earthquakes in Türkiye and Northern Syria



Anglicans in Development is raising funds that will be sent to those most in need through Action by Churches Together (ACT) Alliance. ACT Alliance members are on the ground conducting rapid needs assessments, and work is being done to ensure life-saving supplies are provided to those impacted.

ACT member The Greek Orthodox Patriarchate of Antioch and All the East- Department of Ecumenical Relations and Development (GOPA-DERD) is already providing food, blankets and mattresses, and medical aid in affected communities in Aleppo, Hama, Latakia in northern Syria.

<https://www.abmission.org/appeals/emergency-appeals/turkiye-syria/>

Donation code: TSEM2023 **Tax-deductible**

**ACT FOR PEACE**  
CONFRONTING INJUSTICE TOGETHER  
THROUGH THE **actalliance**

Many people in northern Syria were already displaced by the war and struggling to survive through economic collapse. The situation is dire, with the Syrian healthcare system overwhelmed and unable to cope with the scale of the disaster. More than 3,000 people are reported to be without shelter in Syrian city of Aleppo alone. And heavy storms are approaching, bringing extreme cold, with temperatures dropping to -2 degrees at night.

<https://actforpeace.org.au/>



THE DEAN  
and MEMBERS OF THE CATHEDRAL OUTREACH PROGRAM  
invite you to attend

## **A SHROVE TUESDAY EVENING** **“ENJOY DESSERT WITH US”**



**DATE: FEBRUARY 21<sup>st</sup> 2023 from 7pm – 9pm**  
**VENUE: CHRIST CHURCH CATHEDRAL**  
**52 Church Street Newcastle**

An Extravaganza of Pancakes with all the trimmings; Bring your own wine (glasses will be supplied); There will be Tea, Coffee and Fruit Juice; Magnificent Music creating a wonderful atmosphere; Wheelchair access; Tickets available through the Cathedral Office or at the door; Lucky Door Prize

**All proceeds will go towards:**  
**“The Christ Church Cathedral Outreach Program”**

ADULTS: \$20.00

CHILDREN: \$10.00

The Cathedral Office.....49 29 2052

## **Pancake Day**

Pancake Day or Shrove Tuesday is the traditional feast day before the start of Lent on Ash Wednesday. Lent – the 40 days up to Easter – was traditionally a time of fasting and on Shrove Tuesday, Anglo-Saxon Christians went to confession and were “shriven” (absolved from their sins). A bell would be rung to call people to confession. This came to be called the “Pancake Bell” and is still rung today.

Shrove Tuesday always falls 47 days before Easter Sunday and was the last opportunity to use up eggs and fats before embarking on the Lenten fast and pancakes are the perfect way of using up these ingredients  
Shrove Tuesday falls on the 21<sup>st</sup> February this year.

A pancake is a thin flat cake, made of batter and fried in a frying pan. A traditional pancake is very thin and is served immediately. Golden Syrup or lemon juice and caster sugar are the usual toppings for pancakes.

The pancake has a very long history and featured in cookery books as far back as 1439. The tradition of tossing or “flipping” them is almost as old.

“And every man and maide doe take their turne,  
And toss their Pancakes up for feare they burne”

(Pasquil’s Palin, 1619)



# Art and Spirituality Workshop

23 March 2023



Creation of art provides an opportunity for a deepening awareness of oneself and the world and can act as a catalyst for evoking the Spirit.

Art is a means to see-to-re-search and find the living meaning of what it means to open the heart. Everyone has the ability to create art, but in order for it to be theological, the artist needs to explore ways that it makes sense of faith. Opening the heart through art involves making meaning through the creation, then reflecting on the art itself and the unfolding the moment-to-moment direct experience of the process.

This workshop will provide an opportunity to awaken the Spirit through the beauty of God's creation, prayer, and reflection. Participants will engage in art making experiences which will nourish their faith.

For further information contact Rose McAllister on [rose.mcallister@mn.catholic.org.au](mailto:rose.mcallister@mn.catholic.org.au)



**Time**  
9.00am – 3.00pm

**Where**  
Kilaben Bay Community Centre

**Cost**  
\$25 pp

**Registration**  
<https://www.eventbrite.com.au/e/art-and-spirituality-workshop-march-2023-tickets-532521174167>



[www.mn.catholic.org.au](http://www.mn.catholic.org.au)



## **Donations for Flowers**

To donate flowers in memory of a loved one or as a thank-offering, please advise Suzanne Evans on 4955 9170 and place your donation in an envelope listing the date for display and include a message and place in the wall safe.

*Flowers required for EASTER DAY.*



## **CATHEDRAL COMMUNITY LUNCHESES**

The Cathedral Community Lunches Program is continuing to offer a hot meal **every second Sunday at 12.30pm** from the Horbury Hunt Hall.

**Thankyou** to the dedicated volunteers who are ensuring this important outreach program continues to operate.

*The next Community Lunch will be Sunday 26 February.*

**SOCKS for the homeless!**

Please donate your **NEW SOCKS** where you see this sign.



*Please remember if you can spare a little for the CCC pantry and Samaritans it would be hugely appreciated.*



**EUCCHARISTS at CHRIST CHURCH CATHEDRAL  
and ST PETER'S HAMILTON**

**CATHEDRAL**

**8.00am and 10.00am  
Monday – Friday 8.30am**

**ST PETER'S**

**11.00am Wednesday - Ash Wednesday Service**



Newcastle Cathedral mainly music is a fun group for children aged 0 to 5 years and their parents or carers. Each session incorporates action songs and games that help to develop gross and fine motor skills, language and creativity.

**The cost is \$5 per family - your first session is free!**

**10:00am to 11:30 every Thursday during school terms in the Cathedral.**

## **Stewardship**

Thank you for your ongoing faithful financial support of the mission and ministry of the parish. With no opportunities for additional fund raising, your giving is greatly appreciated. In this time, the best way to exercise our stewardship, to support the work of the parish, is through electronic giving. Our stewardship is an expression of our thankfulness to God, offering as we have received.

**Name: Electronic Giving Account BSB: 705-077 Account: 00040917**

**(please include all 8 digits)** Please include your Initial & Surname in the reference line, if required. Please ask the sidespersons at the Cathedral or St Peter's if you would like a set of stewardship envelopes. If you would like information on how you can contribute to the Music Fund, Missions, and other ministries, please contact the parish office so we can share those details with you. Thank you for your generosity, which supports ministry now and in the future.

## NSW elections are on 25 March

Let's make an informed choice and elect representatives  
who will put the community first.



Join our community forums & hear  
how Hunter candidates will address  
community concerns about climate  
change & housing.

# Hunter Community Alliance

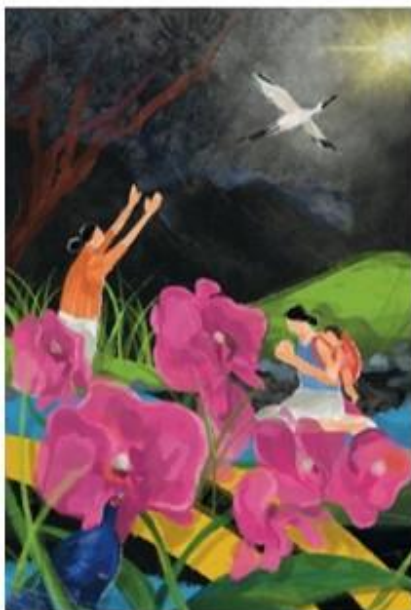


## Two Gay Anglican Leaders on Sexuality & Faith

26 Feb – **Jayne Ozanne** Church of England  
*Unashamedly Gay, Unashamedly Christian* (in person)

1 Mar – **Wesley Hill** The Episcopal Church  
*Human Sexuality: A 'Traditional' Christian View* (online)

BOTH EVENTS ARE FREE  
[stjamesinstitute.org.au/upcoming](http://stjamesinstitute.org.au/upcoming)



## World Day of Prayer 2023

### Taiwan

'I have heard about your faith'

10.00am 3<sup>rd</sup> March

St Augustine's Anglican Church Merewether

[www.worlddayofprayeraustralia.org](http://www.worlddayofprayeraustralia.org)



## **ABM Lent Appeal 2023**

**The 2023 Lent and Good Friday Appeal supports the work of the Anglican Diocese of Jerusalem via the outreach of the Ahli Hospital in Gaza and a new youth empowerment project.**

Shorouq is a young mother, who lives in one of the most marginalised parts of Gaza City. Her two-year-old daughter, Hala, was screened and selected to be part of the Ahli's child nutrition program to address her malnutrition.

In Shorouq's words, "My husband is unemployed, and we are living in deplorable conditions. We are unable to meet our fundamental demands. We are completely reliant on [United Nations] food assistance, which is insufficient because we also require medicine and cash to purchase other necessities.

"I heard about the free nutrition program that Ahli Arab Hospital implemented...The Ahli was a compassionate and delightful place for us as they cared for my daughter and provided us with the necessary medications, vitamins, and biscuits that supported her quick recovery."

As well as being good news for little Hala, the Ahli's program was also good news for Shorouq on a more personal level, as she received health and nutrition training both in her home and her community from women community trainers (mobilisers) who have been especially trained by the Ahli.

Shorouq continues: "I acquired more and more knowledge; my health awareness increased through the Ahli's 'woman-to-woman approach'. Their community mobiliser visited me twice a month, correcting my misconceptions and wrong health behaviours, and improving my communication skills, and gender and protection concepts. All of this knowledge and skills positively impacted my life.

"After participating in the individual awareness workshops, I became stronger, I can face the injustice that may occur, and I can protect myself alone. My awareness of my rights and responsibilities was raised; I am capable of solving my problems alone now. I have good communication channels and dialogue with my husband... And I succeeded to change some negative behaviours for myself and my husband such as helping me in the home, since I have a risky pregnancy.

"Many thanks to the Ahli Hospital and to AID, and to all the people who care for vulnerable groups and provide assistance to the needy," Shorouq remarks graciously.

Your support of this appeal will empower many vulnerable women like Shorouq, and will give their children a much greater chance of a healthy life.



# Sisters in Faith Dinner



The Diocesan Ecumenical and Interfaith Council would like you to join us for our Sisters in Faith Dinner to mark *International Women's Day*.

It's an opportunity for all women of faith to come together to form friendships.

**Wednesday 8 March 2023**

**Time: 6pm - 9pm**

**Location: Victor Peters Suite  
841 Hunter St, Newcastle West**

**Cost: \$30 per person\***

**RSVP by: 1 March**



Registration now open scan the QR code or use the link

[www.eventbrite.com.au/e/sisters-of-faith-dinner-tickets-513511305137](http://www.eventbrite.com.au/e/sisters-of-faith-dinner-tickets-513511305137)

**Our theme:**

*"How important is spirituality and equality to humanity?"*

**Guest Speaker:**

Cannon Auntie Dianne Langham,  
Anglican Diocese of Newcastle/Director  
of Reconciliation

*\*Dinner cost helps to support CatholicCare's  
Social Enterprise Program.*



[mn.catholic.org.au](http://mn.catholic.org.au)

## **SERVICES DURING THE WEEK IN THE CATHEDRAL**

**All services in the St Christopher Chapel. Please enter through the transept doors.**

Monday 20 February	8.00am - Morning Prayer 8.30am – Eucharist	Fr Stephen Williams
Tuesday 21 February	8.00am - Morning Prayer 8.30am - Eucharist	The Rev'd Dr Julia Perry
Wednesday 22 February	8.00am - Morning Prayer 8.30am - Eucharist	The Bishop
Thursday 23 February	8.00am - Morning Prayer 8.30am - Eucharist	Fr Mel Nelson
Friday 24 February	8.00am - Morning Prayer 8.30am - Eucharist	The Dean

## **SERVICES NEXT SUNDAY 26 February 2023 AT THE CATHEDRAL Lent 1**

### **8am: Eucharist**

Presider: *The Very Reverend Katherine Bowyer*

Preacher: *The Very Reverend Katherine Bowyer*

### **10.00am: Choral Eucharist**

Presider: *The Very Reverend Katherine Bowyer*

Preacher: *The Very Reverend Katherine Bowyer*

### **6.00pm: Choral Evensong**

Presider: *The Very Reverend Katherine Bowyer*

*Lenten Preaching Series*

## **ONLINE SERVICES THIS WEEK**

The Weekly and mid-week Eucharists and the Morning and Evening offices continue to be distributed online via **You Tube** and **Facebook**

We encourage you to share these resources widely during this time.

**You Tube:** <https://www.youtube.com/channel/UCXyas2uhJUNOnDetOpPdUOg>

**Facebook:** <https://www.facebook.com/christchurchcathedralnewcastle/>

Monday 20 February <i>William Grant Broughton</i>	6.00am 5.30pm	The Very Reverend Katherine Bowyer The Reverend Amanda Brockwell
Tuesday 21 February	6.00am 5.30pm	The Reverend Canon Garry Dodd The Reverend Angela Peverell
Wednesday 22 February <i>ASH WEDNESDAY</i>	6.00am 5.30pm	Archdeacon Arthur Copeman The Very Reverend Katherine Bowyer
Thursday 23 February <i>Polycarp</i>	6.00am 5.30pm	The Reverend Scott Dulley The Reverend Sarah Dulley
Friday 24 February <i>MATTHIAS</i>	6.00am 5.30pm	The Reverend Janet Killen The Reverend Nicole Baldwin
Saturday 25 February	6.00am 5.30pm	The Reverend Canon Andrew Eaton The Very Reverend Katherine Bowyer

***We have taken measures to ensure that the Cathedral is a safe environment for all.***

***All who work with children or youth have completed Safe Ministry Training and all clergy, staff and volunteers are subject to strict employment measures such as working with children checks. The Cathedral is committed to being a place where survivors of abuse experience care and support. For a confidential discussion, please call or email the***

**Director of Professional Standards 1800 774 945**

**[dps@newcastleanglican.org.au](mailto:dps@newcastleanglican.org.au) or [survivorsupport@newcastleanglican.org.au](mailto:survivorsupport@newcastleanglican.org.au)**





## CLERGY

### DEAN OF NEWCASTLE

The Very Reverend Katherine Bowyer  
[katherinebowyer@newcastleanglican.org.au](mailto:katherinebowyer@newcastleanglican.org.au)  
0407 201 693

### PRIEST AT ST PETER'S, HAMILTON

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The Very Reverend Katherine Bowyer  
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0407 201 693

## OFFICE

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**Email:** [cathedral@newcastlecathedral.org.au](mailto:cathedral@newcastlecathedral.org.au)  
**Website:** [www.newcastlecathedral.org.au](http://www.newcastlecathedral.org.au)  
**Ph:** 4929 2052  
**OFFICE HOURS:** Tue-Thurs: 9.30am–4.00pm, Fri: 9.30am-1.00pm  
**Office Administrator:** Sharon Dyett

## STAFF

**Dean's Verger:** Matthew Watson  
[matthew.whatson1@gmail.com](mailto:matthew.whatson1@gmail.com)  
**Director of Music:** David Banney  
[dabanney@gmail.com](mailto:dabanney@gmail.com)  
**Family Ministry Co-ordinator:** Veronica Butcher  
[familyministry@newcastlecathedral.org.au](mailto:familyministry@newcastlecathedral.org.au) or phone: 0482 027 207

## WARDENS

**Dean's:** David Atherton  
**People's:** Peter Smith, Graham Vimpani



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