

A SMALL DONATION OF FOOD OR CASH THIS CHRISTMAS CAN MAKE A MASSIVE DIFFERENCE!

Samaritans is always in need of non-perishable food reserves and they **need your help** to restock the shelves, especially at Christmas Time.

emergency relief

FOOD
OR
CASH

CHRISTMAS SUGGESTIONS

- Christmas Puddings
- Bon Bons
- Tin Ham
- Lollies
- Shortbread
- Fruit Cake
- Chocolates
- Mince Pies
- Serviettes
- Long-life Custard

NON-PERISHABLE FOOD SUGGESTIONS

- Cereal
- Long-life milk
- Pasta
- Pasta sauce
- Rice
- Tinned meals
- Soup (packet and tin)
- Baked beans
- Spaghetti
- Tea
- Coffee
- Children's lunchbox snacks
- Tinned fruit
- Tinned vegetables
- Spreads (jam, vegemite)
- Tinned tuna/salmon
- Pet food

CHRISTMAS SUGGESTIONS

- Nappies
- Baby wipes
- Toilet paper
- Toothpaste
- Toothbrush
- Soap
- Deodorant
- Shampoo/conditioner
- Shaving gear (cream/razors)
- Toiletry bags
- Moisturiser
- Hand towel/washer
- Washing powder
- Bathroom or Kitchen cleaning products

**FOOD DONATIONS MAY BE
LEFT IN THE BASKET AT
THE BACK OF THE CHURCH**

Please help today your donation is so important
Phone - 1300 656 336
Or visit www.samaritans.org.au



Samaritans
Emergency Relief

IDEAS FOR GIFTS

While many people enjoy giving the traditional soft fluffy toy at Christmas time, the desperate need is for all types of gifts for all ages!



Please remember that many of our clients can not necessarily afford battery operated items.

PLEASE DON'T WRAP GIFTS. THE GIFTS ARE WRAPPED ONCE THE GIFT HAS BEEN CHOSEN.

CHRISTMAS CARDS 2016

\$9.50
per pack

Help support the Samaritans Foundation this Christmas.

By buying this pack of Christmas cards, you're helping to support thousands of marginalised and disadvantaged people in our community to live happy, healthy and productive lives.

6 cards included

3 different designs, blank inside.
envelopes included



Get in early to receive your packs!

**TO ORDER, PLEASE CONTACT
VIRGINIA WHEELER
veedub48@hotmail.com**

***Postage may incur a small extra fee**



Samaritans

Compassion Integrity Justice



Samaritans

*We are again asking for the loan of a
Christmas Tree which is to be placed near the Baptistery
as our **Samaritans Christmas Giving Tree**
for a few weeks in November and December.*

Please let Lisa know if you can help.

cathedral@newcastlecathedral.org.au Ph:49292052

