



St Anne teaching the Virgin to Read

Quiet
Mornings
of
Reflection
2013

at

Christ Church
Cathedral, Newcastle

Being quiet and reflective is part of a Christian's vocation, duty and joy. We are to "Be still and know that I am God" (Psalm 46:10), indeed we might never know that God is God until we are still, quiet, attentive and listening in a way we have done for a while. This is hard to do because we are not only busy, but have got used to our busyness and often wear it as an emblem of how busy we are about God's business.

The Cathedral has provided a number of days each year where we can be quiet and at ease in God's presence. They were begun by Father James Rigney in 2009 and will continue this year under the direction of Father Roger Sharr. Roger is the former parish priest of St. James' Morpeth, has recently retired and lives with the Franciscan brothers in the Hermitage at Stroud.

Timetable

10.00am Gather in the Warrior's chapel
10.15am First Address
11.15am Second Address
12.00pm Angelus and final address
12.30pm Eucharist
Depart

Participants may pray in the Cathedral itself and throughout the grounds.

Themes for 2013

- 2 March **Habit** - a reflection for Lent
Like monkeys we learn by imitation, copying our parents, teachers etc., and the inculcation of good habits is a basis for the awareness of God.
- 6 April **Eucharist**: Christianity in Little
Jesus never wrote a book, but left us a sign that is the basis of all worship. And it works both ways - what we do with bread tells what we think of God.
- 15 June **The Spirituality of Leunig**
A morning with images from the cartoonist who has changed how Australians see themselves.
- 10 August **Reconciliation** - process and rite.
Confession is so easy to caricature and needs a robust sense of sin. Do we have one? Do we want or need one ... or have we grown out of it?
- 27 - 29 September **Retreat**: The strangeness of God
There will be no Quiet Morning in September. Instead, a retreat will be held at St Joseph's Spirituality Centre at Kincumber from 2pm on Friday 27 September until 2pm Sunday 29 September 2013. The retreat will be led by the former Dean, Father James Rigney. The theme of the retreat will be 'The strangeness of God'.