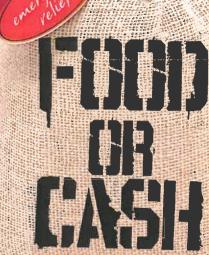
A SMALL DONATION OF FOOD OR CASH THIS CHRISTMAS CAN MAKE A MASSIVE DIFFERENCE!

Samaritans is always in need of non-perishable food reserves and they **need your help** to restock the shelves, especially at Christmas Time.



CHRISTMAS SUGGESTIONS

- Christmas Puddings
- · Bon Bons
- •Tin Ham
- · Lollies
- Shortbread
- Fruit Cake
- Chocolates
- Mince Pies
- Serviettes
- ·Long-life Custard

FOOD DONATIONS MAY BE LEFT IN THE BASKET AT THE BACK OF THE CHURCH

NON-PERISHABLE FOOD SUGGESTIONS

- Cereal
- ·Long-life milk
- · Pasta
- · Pasta sauce
- Rice
- Tinned meals
- Soup (packet and tin)
- · Baked beans
- Spaghetti
- Tea
- Coffee
- · Children's lunchbox snacks
- Tinned fruit
- Tinned vegetables
- Spreads (jam, vegemite)
- · Tinned tuna/salmon
- · Pet food

CHRISTMAS SUGGESTIONS

- Nappies
- ·Baby wipes
- Toilet paper
- Toothpaste
- Toothbrush
- Soap
- Deodorant
- ·Shampoo/conditioner
- Shaving gear (cream/ razors)
- Toiletry bags
- Moisturiser
- · Hand towel/washer
- Washing powder
- Bathroom or Kitchen cleaning products

Please help today your donation is so important Phone - 1300 656 336

Or visit www.samaritans.org.au



IDEAS FOR GIFTS

While many people enjoy giving the traditional soft fluffy toy at Christmas time, the desperate need is for all types of gifts for all ages!



Please remember that many of our clients can not necessarily afford battery operated items.

CHRISTMAS CARDS2016



6 cards included

3 different designs, blank inside. envelopes included

Help support the Samaritans Foundation this Christmas.

By buying this pack of Christmas cards, you're helping to support thousands of marginalised and disadvantaged people in our community to live happy, healthy and productive lives.







Get in early to receive your packs!

TO ORDER, PLEASE CONTACT VIRGINIA WHEELER

veedub48@hotmail.com

*Postage may incur a small extra fee





We are again asking for the loan of a

Christmas Tree which is to be placed near the Baptistery
as our Samaritans Christmas Giving Tree
for a few weeks in November and December.

Please let Lisa know if you can help.

cathedral@newcastlecathedral.org.au Ph:49292052

