

Welcome to

Christ Church Cathedral Newcastle Weekly News Sunday 16 October 2016 TWENTY-SECOND SUNDAY OF PENTECOST

Services Today

7.00am Eucharist

Presider and Preacher: Fr Paul

8.00am Eucharist

Presider: The Dean **Preacher:** Fr Paul

9.30am Sung Eucharist

Presider and Preacher: Fr Paul **11.30am Baptisms**: Fr Paul

6.00pm Breast Cancer Awareness Service

Officiant: The Dean

Preacher: Canon Sally Gero

Readers:

8.00am S Dornan & K Dornan9.30am N Johnson & A Taylor

6.00pm Special Readers

Welcome to worship at the Cathedral today, especially all who are visiting. Please join us for tea or coffee at the west end of the Cathedral after the morning Services.

Sunday School - Children should meet in the **St Nicholas Chapel** just before the sermon at the **9.30am service.**

At 11.30am today we welcome those to be Baptised, Audrey Charlotte Jones, Penelope Grace Baker and Aria Jane Donkin. Welcome also to their families and friends.

Community Lunch, 12.30pm today in the Horbury Hunt Hall.

SERVICES THIS WEEK

Monday 17 October Ignatius of Antioch, bishop and Martyr

7.00am Morning Prayer

7.30am Eucharist

5.30pm Evening Prayer

Tuesday 18 October Luke - Evangelist and Martyr

7.00am Morning Prayer

7.30am Eucharist

10.30am Eucharist

5.30pm Evening Prayer

Wednesday 19 October Henry Martin, missionary and bible

Translator

7.00am Morning Prayer

7.30am Eucharist

5.30pm Evening Prayer

Thursday 20 October

7.00am Morning Prayer

7.30am Eucharist

10.40am NGS Senior School Chapel

5.30pm Evening Prayer

Friday 21 October

7.00am Morning Prayer

7.30am Eucharist

10.40am NGS Middle School Chapel

5.00pm Evening Prayer

Saturday 22 October

7.30am Morning Prayer

8.00am Eucharist

2.00pm Wedding

5.00pm Family Eucharist

SERVICES NEXT WEEK

Saturday 22 October: 2.00pm Wedding. 5.00pm Family Eucharist

Sunday 23 October: TWENTY-THIRD SUNDAY OF PENTECOST

7.00am Eucharist Presider & Preacher: The Dean

8.00am Eucharist Presider: Fr Paul Preacher: The Dean9.30am Sung Eucharist Presider & Preacher: The Dean

11.30am Baptism: The Dean

6.00pm Sung Evensong Officiant: Fr Paul Preacher: Canon Janet Killen

We have taken measures to ensure that the Cathedral is a safe environment for all. All who work with children or youth have completed Safe Ministry Training and all clergy, staff and volunteers are subject to strict employment measures such as working with children checks. The Cathedral is committed to being a place where survivors of abuse experience care and support.

Message from the Samaritans: To embrace the theme of *Learn and Grow* for Mental Health Month, we have put together eight facts about Mental Health that you may not know:

- 1) **45% of the Australian population** will experience a mental illness disorder at some stage.
- 2) Many kinds of treatment options are available and not all involve medication.
- 3) Most common mental illnesses are depression, anxiety and substance use disorders.
- 4) During a 1year period, anxiety disorders will affect 14% of the population and depression 6%.
- 5) Most people with a mental illness are **treated in the community** with most consulting their GPs.
- 6) **Suicide** continues to be the leading cause of death for Australians aged 15-44 years. It claims **eight** lives every day more than road accidents or cancer.
- 7) Many violent people have no history of mental disorder and 90% of people with mental illness have no history of violence.
- 8) Many people experiencing mental illness delay seeking help because they are frightened by the illness and fear stigma and discrimination. **Reducing the stigma** will encourage more people to seek help early. For further information see the Samaritan website or phone 1300 656 336.

Patronal Festival – Feast of Christ the King, 20 November: In response to popular request there will now be one (orchestral) Eucharist at 9am on Sunday 20 Nov, followed by light festive refreshments in the Cathedral. If you have paid for West's Bowling Club Luncheon please contact the Cathedral Office for a refund. Our special Preacher on that day will be Canon Mark Watson.

Stewardship Reflection

"Giving and living are for mission and money is for mission. We give ourselves, our lives and our money to advance God's mission in the world."

(Prepared by Audrey Clark)

Shop News: The 2017 Lectionary Year A, is now available at \$14.00 per copy.

Parish Office – Lisa will return to the office from Annual Leave Tuesday 18 October.

ALL SOULS DAY Requiem is Wednesday November 2 at 6pm. If you wish to have names of departed relatives or friends included in the Requiem, please print the details CLEARLY on the form provided at the back of the Cathedral.

MU Quiet Day for the Newcastle Deanery is to be held in the Cathedral on Wednesday 19th October, commencing at 10.00am, all are welcome. For more information contact Jan Deaves 49501590, Dinah Bailey 49611772 or Brenda Dryden 49634537. Plus CONGRATULATIONS to MU member Sharon Wright who was excited to score two strikes in a row at Tenpin Bowling this week.

Missions ABM Our Project for October: The Solomon Islands - Disaster Risk Reduction and Climate Change Program. The Solomon Islands are increasingly vulnerable to the effects of climate change and natural disasters. In 2015 alone two devastating cyclones affected various islands within the archipelago causing widespread damage and loss of life. ABM is committed to supporting the communities for these increasingly frequent disasters. This involves the implementation of a Disaster Risk Reduction program. King tides, rising water levels and salt intrusion into water supply and crops is causing havoc in the region; all effects which are classed as contributing to a "slow onset disaster". [Envelopes are at the rear of the Church]

Donations for Flowers are invited for the following dates: **November 20** and **December 4** and **18** plus order now for **Christmas.** If you would like to donate flowers in memory of a loved one or as a thank-offering please advise Suzanne Evans- 4955 9170 and place your donation in an envelope marked Memorial/Thank-offering Flowers, listing the date you wish them to be displayed and place in the wall safe.

Choir News: Join us on Sunday 30th October at 11:15am as Newcastle's newest music ensemble presents a short recital. Nova Praetorians is a Newcastle based Early Music Recorder ensemble which was formed in 2014. Members are Sally Walker, Ruth Crosby, José De Doná and Christopher Allan. Each has studied recorder at some point of their musical journeys. Their repertoire has a focal point on early works, particularly those of Praetorius, but extends to the late Baroque. Entry by donation.

Evening Prayer – Weekday Evening Prayer has been reinstated in the *Pew Bulletin Schedule of Services*. Please note that the times of Evening Prayer can be unreliable.

Bible Study takes place on the **2nd** and **4th Wednesday** evenings, at **7pm** at the home of Peter and Beth Ravenscroft. Please phone Peter on 49631720 for further information.

For your prayers...

"Let us approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need." (Hebrews 4:6).

Let us pray... For our outreach to visitors, giving thanks for all volunteers who enable the broad ministry of our Cathedral.

Music Today

8am	Eucharist	6pm	Choral Evensong
Hymns	118, 131, 628, 631(153)		Breast Cancer Awareness Service
Organist	Callum Close	Rite	APBA
9.30am	Choral Eucharist	Canticles	Christus Rex (Wilson)
Introit Setting	Thou knowest Lord (Purcell) Service in the Phrygian Mode (Wood)	Anthem	There's a wideness in God's Mercy (Bevan)
Anthem	Adoramus Te, Christe (de Lassus)	Postlude	Prière à Notre Dame (Boëllmann)
Psalm	119: 97-104 (Chant: Cooper)		, , ,
Postlude	Fanfare (Lemmens)	Hymns Organist	650, 46, 697, 780 Keith Murree-Allen
Hymns	118, 131, 628, 631(153)	Organist	Retur Mariee 7 Men
Organist	Peter Guy		

Organist and Master of the Choristers: Mr Peter Guy Assistant Organist: Dr Keith Murree-Allen Organ Scholar: Callum Close

- The hearing loop covers the front six pews on the South side of the Cathedral. Please switch your hearing aid to the 'T' setting to benefit.
- An access ramp is situated on the harbour side of the Cathedral.
- Toilets are on the South side of the Cathedral, through the doors under the organ loft.
- You may sit with your children in the St Christopher Chapel on the right-hand aisle if you wish. There is also a children's activity sheet available from the sidespersons.
- Please do **not** leave handbags and other valuables unattended in the pews at any time, their security cannot be guaranteed.
- Parishioners and visitors are welcome to park in the Cathedral car park. On Sunday, extra parking available at the rear of the Newcastle Club, please enter from Newcomen Street.
- The steps and areas in front of the doorways to the Cathedral must be left clear at all times.

CATHEDRAL CLERGY DEAN OF NEWCASTLE

The Very Reverend Stephen Williams 0412 661 585

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CANON RESIDENTIARY & NGS CHAPLAIN

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Mon-Thurs 9.30am-4.00pm, Fri 9.30am-1.00pm

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CATHEDRAL WARDENS

Dean's Warden: Ellen Davis-Meehan

Please send any notices for inclusion in the pew sheet to cathedral@newcastlecathedral.org.au by 9am on Tuesday



CHRIST CHURCH CATHEDRAL NEWCASTLE NSW

